



Dr. Krishnadas. BAMS

Medical Director

A renowned Ayurveda practitioner from Guruvayoor, graduated with a B.A.M.S. from Madras University in 1989. He was trained under Ashtavaidyan Vaidyamadam Cheriya Narayanan Namboodiri and gained expertise in Panchakarma treatments, also he had attended several medical camps specialized in cancer during this period. Currently based in Thrissur, Kerala, he continues to excel in his field.



Dr. Rajagopal Krishnan. BAMS

Chief Consultant

Deeply honored, I serve as an oncology resource person for All India Institute Of Ayurveda, New Delhi under the Government of India, I bring expertise in Ayurveda oncology research and autoimmune diseases, drawing from a 1500-year family tradition in Kerala. Our approach combines scientific rigor with traditional Ayurvedic knowledge and nutrition, resulting in successful treatments for cancer and autoimmune diseases. Over the past decade, our journey in cancer care has aimed to achieve excellence nationwide.



Dr. Reshma Krishnadas. BAMS

Resident Medical Officer

SPECIALISED ONCOLOGY AND IMMUNOLOGY WELLNESS CENTRE



मज्जि अयुर्वेदिक हेल्थ पार्क

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1) Autoimmune Disease Management

Discover a transformative path to health with our comprehensive approach to managing autoimmune diseases. Our brochure highlights key aspects of our unique strategy:

- 1. Ayurvedic Medication:** Immerse yourself in the healing power of Ayurveda, a traditional system that addresses the root causes of autoimmune diseases. Our expertly curated Ayurvedic medications aim to restore balance, promoting overall well-being.
- 2. Tailored Diet Plans:** Embrace the benefits of personalised dietary guidance. Our tailored plans are designed to complement your body's needs, providing nutrition that supports your immune system while mitigating symptoms specific to your condition.
- 3. Fasting Regimens:** Experience the rejuvenating effects of carefully crafted fasting regimens. Our approach to fasting is customized to your individual health profile, aiming to optimize metabolic function and promote healing.
- 4. Comprehensive Disease Coverage:** Encompassing conditions like
 - Rheumatoid Arthritis
 - Psoriasis
 - Lupus
 - Type 1 Diabetes
 - Multiple sclerosis
 - Hashimoto's Thyroiditis
 - Sjogren's Syndrome
 - Grave's Disease
 - Guillain Barree Syndrome
 - Celiac Disease
 - Inflammatory Bowel diseases such as Ulcerative colitis, Crohn's disease etc.

Our approach is tailored to the nuances of each condition, offering targeted solutions for effective disease management.

- 5. Enhancing Quality of Life:** Beyond symptom alleviation, our goal is to enhance your overall quality of life. Experience a comprehensive wellness journey that goes beyond the conventional, fostering a sense of vitality and resilience. Embark on a holistic wellness journey with us, where ancient wisdom meets modern science to unlock the full potential of your health. Our commitment is to guide you towards a life where well-being becomes a way of being.

2) Empowering Wellness: A Comprehensive Approach to Cancer Management

Embark on a transformative journey toward holistic cancer management with our Ayurvedic approach. Our brochure highlights key elements of our unique strategy.

- 1. Preventative Care:** Prioritise your health with our proactive approach to cancer prevention. Our program emphasises lifestyle modifications, regular screening, and early detection strategies, empowering you in the fight against cancer.

- 2. Ayurvedic Medication:** Immerse yourself in the healing traditions of Ayurveda. Our expertly crafted Ayurvedic medications aim to address the root causes, supporting your body's natural defences against cancer.

- 3. Personalised Diet Charts:** Experience the transformative power of personalised nutrition. Our tailored diet charts are designed to complement conventional treatments, providing essential nutrients and supporting your body's ability to withstand cancer challenges.

- 4. Targeted Cancer Focus:** Our approach extends to addressing specific types of cancer, including

- Leukaemia
- Non-Hodgkin Lymphoma
- Hodgkin Lymphoma
- Multiple Myeloma
- Breast cancer
- Ovarian Cancer
- Cervical cancer
- Thyroid Cancer
- Lung cancer
- Prostate cancer
- Testicular Cancer
- Stomach Cancer
- Colorectal Cancer
- Liver Cancer and it's Cirrhotic changes
- Pancreatic cancer
- Skin cancer (Melanoma) etc.

By tailoring our holistic strategies to your unique needs, we aim to enhance your overall well-being while focusing on managing these major cancer types.

- 5) Fasting Regimens:** Unlock the benefits of carefully structured fasting regimens. Customised to your cancer type, these regimens optimise metabolic function, restrict cancer growth, and improve overall well-being.

Join us in a journey where Ayurveda meets oncology, offering not only cancer management but a pathway to overall well-being.